

## Overview

**"Recharge your spirit with the tranquility of nature and the excitement of cultural experiences"**

The Everest Base Camp Trek via Gokyo fifth Lakes, known for its series of beautiful turquoise lakes and the challenging Cho La Pass, takes us through the iconic landmarks of the Khumbu region, surrounded by towering peaks, famous Sherpa villages, historic monasteries, the Sherpa capital of Namche Bazaar, and the Sagarmatha National Park, a UNESCO World Heritage Site. The trek concludes at the base of the world's highest mountain and offers stunning views from famous viewpoints such as Gokyo Ri and Kala Patthar, as well as a glimpse of the Khumbu Icefall.

The trek through Gokyo fifth Lakes provides a once-in-a-lifetime experience, complete with breathtaking views of four mountains over 8,000 meters, including Cho Oyu, Everest, Lhotse, and Makalu, as well as neighboring peaks, glaciers, sparkling glacier rivers, waterfalls, and forests, and the largest monastery in the Khumbu region of Nepal.

The itinerary of the Everest Base Camp Trek via Gokyo fifth Lakes is ideal for adventure seekers who want a more challenging experience and to stay off the beaten path. However, it is also suitable for beginner trekkers in good health and with average physical fitness, but proper equipment and proper acclimatization is necessary. The trek typically takes 14 to 16 days. For experienced trekkers with limited time, a shorter option is also available, known as the Everest Base Camp Short Trek.

## Itinerary Details