

## Overview

### **"An astonishing and rejuvenating aura of a natural lifetime experience"**

The Everest Three Passes Trek is a challenging yet rewarding trek that takes hikers through the highest mountain passes in the Everest region of Nepal. Beginning in Lukla at 2,846 meters, the trek leads you through the famous Sherpa lands on off-beaten trails, moraines, and glaciers, culminating in the ascent of the three most challenging and picturesque passes: Khongma La Pass (5,535 meters), Cho La Pass, and Renjo La Pass. Along the way, you will also have the opportunity to visit the famous Everest Base Camp and Kalapatthar, which offer unparalleled views of Mount Everest, Mount Lhotse, Mount Makalu, Mount Ama Dablam, and the Khumbu glacier. The trek also includes visits to traditional Sherpa villages such as Namche Bazaar, Khumjung, Tengboche, Pangboche, Dingboche, and Thame, giving you a chance to learn about and immerse yourself in the unique culture and way of life of the Sherpa people. With its diverse scenery, including rhododendron, pine, and juniper forests, and an array of wildlife such as Himalayan goats and yaks, the Khumbu region is a must-see for any trekker or mountaineer.

The 3 pass EBC trek is a physically challenging but rewarding experience that requires a good level of physical fitness and the ability to acclimatize to the high altitude. The trek to the base camp typically takes about 18-20 days, depending on the route and pace of the trekker.

Discover the beauty of the 3 passes trek with the Himalayan Diamond Adventure team. Contact us for more information and experience our exceptional trip packaging service.

## Itinerary Details