

## Overview

**Embark on an adventure-filled holiday with our unique trekking and peak climbing experience, offering breathtaking scenery and unforgettable memories.**

Island Peak, also known as Imja Tse locally, is a highly popular peak among climbers and is located in the Everest region of Nepal. The peak gained popularity after being climbed by Sir Edmund Hillary's team in 1953, marking the first ascent of the mountain. Island Peak can be climbed as part of the Everest Base Camp Trek and similar trips.

The combination of the Everest Base Camp Trek and the Island Peak climb is considered to be one of the best adventure trips in Nepal. The peak was named "Island Peak" by Eric Shipton in 1952 because of its prominent location in the middle of the Chhukung valley, resembling an island in a sea of ice.

Island Peak is a popular choice among trekking peaks in Nepal as it offers an exciting climbing experience in addition to trekking and is suitable for both novice and experienced climbers. The climb is physically demanding, but technically not challenging, making it an ideal choice for those who want to challenge themselves and prepare for bigger expeditions in Nepal.

Island Peak is an extension of the ridge extending from the south end of Lhotse Shar and is located just under 10 kilometers from Everest. It offers not only a rewarding climb, but also some of the most spectacular views of the Himalayas in the Everest region. From the summit, peaks such as Nuptse (7,861m), Lhotse (8,5016m), Lhotse Middle Peak (8,410m), and Lhotse Shar (8,383m) form a semi-circle to the north, while the views of Makalu (8,464m) to the east and Baruntse and Amadablam to the south add to the charm of the Island Peak climb. The descent from the peak takes you through several cultural sites, such as the Pangboche village, the Tengboche Monastery, the Hillary School in the clouds, and the mysterious Yeti scalp in Khumjung.

Overall, climbing Lobuche Peak is an unforgettable experience that offers a unique combination of adventure, culture, and natural beauty.

## Itinerary Details